

Training Course Directory



Course Title	Page No
NEBOSH	
NEBOSH Award in Health & Safety at Work	4
NEBOSH Certificate in Health & Wellbeing	6
NEBOSH National General Certificate	8
NEBOSH Fire Certificate	10
NEBOSH Construction Certificate	12
NEBOSH Environmental Certificate	14
NEBOSH National Diploma in Occupational Health & Safety	16
IOSH	
Working Safely	19
Working Safely for Senior Executives	21
Managing Safely	23
Managing Safely Refresher	25
Directing Safely	27
Construction Skills	
Site Supervisor Safety Training Scheme (SSSTS)	29
Site Management Safety Training Scheme (SMSTS)	31
Site Management Safety Training Scheme Refresher	33
City & Guilds	
NVQ Level 3 in Occupational Health & Safety Practice	35
NVQ Level 5 in Occupational Health & Safety Practice	38
British Safety Council	
Level 2 Award in Risk Assessments	41
Level 2 Award in COSHH Risk Assessments	43
Level 2 Award in DSE Risk Assessments	45
Level 2 Award in Manual Handling Risk Assessments	47
Level 2 Award in Fire Risk Assessments	49
Level 2 Award in Supervising Staff Safely	51
Bespoke Health & Safety Training	
Accident Investigation	54
Asbestos Awareness	56
Construction, Design & Management (CDM) Awareness	58
Construction, Design & Management (CDM) Refresher	60
Conflict Management	62
COSHH Awareness Training	63
COSHH for Managers and Supervisors	65
Display Screen Equipment Assessors Course	67
Environmental Awareness	69
Environmental Management	71
Fire Risk Assessment	73
Fire Safety	75

Fire Warden/ Fire Marshal	77
Health & Safety Awareness	79
Health & Safety for Managers	81
Managing Work Equipment	83
Manual Handling	85
Manual Handling Risk Assessment	86
Office Safety	88
Permit to Work Training	90
Risk Assessment	92
Sharps Training	94
Working at Height	95
Health & Safety Train the Trainer Courses	
Health & Safety Train the Trainer	97
Risk Assessment Train the Trainer	99
Manual Handling Train the Trainer	101
Online Health and Safety Courses	103

NEBOSH Award in Health and Safety at Work

Who is the course for?

The NEBOSH Health and Safety at Work Award is an introductory qualification, and is aimed at those who are required to understand the principles of health and safety as part of their job. Therefore, it is recommended managers, supervisors, team leaders, facility managers and people working with children take health and safety at work course.



A NEBOSH health and safety at work qualification will benefit organisations who are hoping to implement a health and safety management system. Health and safety at work training will ensure that workforce, especially supervisory staff, can apply the principles of risk assessment and control common workplace hazards to help to reduce accidents in the workplace and achieving cost savings for the business.

The course is also designed as a foundation course to allow progression to the NEBOSH General Certificate.

The benefits of the NEBOSH Award

- ✦ develop an understanding of the principals of risk control
- ✦ awareness of Health and Safety Legislation applicable to their role
- ✦ assess workplace hazards

Course Duration

This course is designed to be delivered over 3 days

Learning Outcomes of the NEBOSH Award

The syllabus of the NEBOSH Award in Health and Safety at Work is wide and covers the following:

- | | |
|--|---|
| 1. Foundations of health and safety | 7. Fire Safety |
| 2. The responsibility for Health & Safety | 8. Hazards and controls associated with Manual Handling and repetitive movement |
| 3. Health & Safety risk assessment and control | 9. Hazards and controls associated with hazardous substances |
| 4. Hazards and controls associated with Work Equipment | 10. Hazards and controls associated with the Working Environment |
| 5. Transport Safety | |
| 6. Hazards and Controls associated with Electricity | |

Examination

This NEBOSH award is assessed by a one hour multiple choice examination and a workplace based practical inspection project. The exam is conducted in our training centres at the end of your course, and the project is completed in your own workplace. The project should take no longer than 3 hours to complete and you will have 7 days from the end of the course to return it to us by post.

Certification

On successful passing both written and practical assessment you will receive a NEBOSH awarding certificate. Certificates are forwarded by NEBOSH approximately 16 weeks after the completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

NEBOSH National Certificate in Health & Wellbeing at Work

Who is the course for?

The NEBOSH Certificate in the Management of Health and Wellbeing at Work focuses on workplace health. This occupational health course will benefit companies in all sectors who are seeking to improve the efficiency and morale of their workforce. It will equip managers to minimise sickness absence, encourage people back to work where possible and deal effectively with the health and well-being issues of their staff.



The NEBOSH Certificate in the Management of Health and Wellbeing at Work will be valuable for general managers, supervisors, HR professionals, safety professionals and anyone with day-to-day responsibility for the health and well-being of employees.

The benefits of the NEBOSH Certificate:

- ✦ minimise sickness absence and other absence from work
- ✦ help employees return back to work
- ✦ effectively deal with employee health issues

Course Duration

This course is designed to be delivered over 5 days.

Learning Outcomes of the NEBOSH Certificate

The syllabus of the NEBOSH Certificate is wide and covers the following:

- | | |
|-------------------------------------|--|
| 1. Introduction to workplace health | 5. Management of mental health at work |
| 2. Effects of health on work | 6. Management of people with musculoskeletal disorders |
| 3. Effects of work on health | 7. Workplace health promotion |
| 4. Management of attendance | 8. Workplace health support |

Examination

This NEBOSH accredited qualification is assessed by one exam (lasting 2 hours) and the NEBOSH workplace based health review proforma. The exam is conducted in our training centres at the end of your course, and the project is completed in your own workplace. The project should take no longer than 3 hours to complete and you will have 7 days from the end of the course to return it to us by post.

Certification

On successful passing of the exams you will receive a NEBOSH accredited certificate. Certificates are forwarded by NEBOSH approximately 16 weeks after the completion of the course although results are usually issued within 10 weeks.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

NEBOSH National General Certificate in Occupational Safety and Health

Who is the course for?

This course is aimed at managers, supervisors and staff from all types of organisations who need a broad understanding of health and safety issues. The certificate helps them manage risks effectively. Many people take the NEBOSH National General Certificate as a first step to a career in health and safety.



It provides a valuable overview, and is a sound basis for further professional study and is currently the most widely held health and safety management qualification since its first launch in 1989.

The benefits of the NEBOSH General Certificate:

- ✦ develop an underpinning knowledge of health and safety legislation and its impact
- ✦ assist your company's safety management programme
- ✦ assess workplace hazards and develop control measures
- ✦ develop a basis for a future career in occupational safety

The academic benefits

Upon completion and certification you will have met the academic qualifications for Technician status of IOSH (TechIOSH). The certificate also satisfies the eligibility requirements for Associate Membership of the International Institute of Risk & Safety Management (AIIRSM).

Learning Outcomes of the NEBOSH General Certificate

The syllabus of the NEBOSH General Certificate is wide and covers the following:

1. Foundations in health and safety
2. Health and safety management systems – policy
3. Health and safety management systems – organising
4. Health and safety management systems – planning (including risk assessment)
5. Health and safety management systems – measuring, audit and review
6. Workplace hazards & control
7. Transport hazards & control
8. Musculoskeletal hazards and control
9. Work equipment hazards and control
10. Electrical hazards and control
11. Fire hazards & control
12. Chemical and biological hazards and control
13. Physical & psychological health hazards & control

Examination

This NEBOSH accredited qualification is assessed by two hand written exams (each lasting 2 hours) and a workplace based written practical inspection project. The exam is conducted in our training centres at the end of your course, and the project is completed in your own workplace. The project should take no longer than 3 hours to complete and you will have 7 days from the end of the course to return it to us by post.

Certification

On successful passing of the exam you will receive a NEBOSH accredited certificate. Certificates are forwarded by NEBOSH approximately 16 weeks after the completion of the course although results are usually issued within 10 weeks.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

NEBOSH National Certificate in Fire Safety and Risk Management

Conversion Course

Who is the course for?

This is a course designed for managers, supervisors and personnel responsible for fire safety and aims to equip holders to contribute to the conduct and review of fire risk assessments and fire preventative and protective measures within most workplaces.



In order to achieve the full fire certificate delegates should have already attained NEBOSH NGC1 (Management of Health and Safety unit) or an equivalent qualification (i.e. NEBOSH General Certificate or Diploma) within the past five years, alternatively you can contact us to book onto an NGC1 course.

The benefits of the NEBOSH Fire Certificate:

- ✦ develop an underpinning knowledge of fire safety legislation and its impact on your workplace
- ✦ assist your company's fire safety management programme
- ✦ assess workplace fire hazards and develop control measures
- ✦ develop a basis for a future career in fire or occupational health and safety

Learning Outcomes of the NEBOSH Fire Certificate

- ✦ Understand the legal framework relating to fire and health & safety
- ✦ Appreciate the purpose and procedures of investigating fires in the workplace
- ✦ Outline the principles behind ignition and spread of fire and explosion in work premises
- ✦ Identify the causes of fire and explosion and outline appropriate control measures to minimise fire risks
- ✦ Advise on the means of fire protection and prevention of fire spread within buildings
- ✦ Advise on the development and maintenance of a fire evacuation procedure
- ✦ Use a simple fire risk assessment technique to determine risk levels and assess the adequacy of controls

The academic benefits

Upon completion and certification you will have met the academic qualifications for Technician status of IOSH (TechIOSH). The certificate also satisfies the eligibility requirements for Associate Membership of the International Institute of Risk & Safety Management (AIIRSM).

Examination

This NEBOSH accredited qualification is assessed by a two hour written exam and a workplace based written practical fire risk assessment project. The exam is conducted in our training centres at the end of your course, and the project is completed in your own workplace. The project should take no longer than 3 hours to complete and you will have 7 days from the end of the course to return it to us by post.

Certification

On successful passing of the exam you will receive a NEBOSH accredited certificate. Certificates are forwarded by NEBOSH approximately 16 weeks after the completion of the course although results are usually issued within 10 weeks.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

NEBOSH National Certificate in Construction Safety and Health

Conversion Course

Who is the course for?

The NEBOSH National Construction Certificate is designed for people who have an involvement in construction work & need to provide advice on health, safety & welfare in construction work. It provides them with a good foundation in safety management issues to ensure the health and safety implications of their decisions are properly taken into account.



Delegates should have already attained NEBOSH NGC1 (Management of Health and Safety unit) or an equivalent qualification (i.e. NEBOSH General Certificate or Diploma) – you can contact us to discuss this or to book onto an NGC1 course.

The benefits of the NEBOSH Construction Certificate:

- ✦ develop an underpinning knowledge of construction health and safety legislation and its impact
- ✦ assist your company's safety management programme
- ✦ assess construction site workplace hazards and develop control measures
- ✦ develop a basis for a future career in occupational safety

The academic benefits

Upon completion and certification you will have met the academic qualifications for Technician status of IOSH (TechIOSH). The certificate also satisfies the eligibility requirements for Associate Membership of the International Institute of Risk & Safety Management (AIIRSM). You can use the NEBOSH Construction Certificate which is referenced within the Approved Code of Practice (ACOP) for CDM Regulations 2007 as a key knowledge indicator when assessing Stage 1 competence for CDM Co-ordinators.

Learning Outcomes of the NEBOSH Construction Certificate

- ✦ Understand the main requirements and application of the Construction (Design & Management) Regulations 2007.
- ✦ Understand the factors to consider when carrying out a site assessment; identify construction activity hazards, assess the risks and recommend control measures.
- ✦ Identify the hazards & and outline appropriate control measures in the following areas: movement of people & vehicles, manual & mechanical handling, work equipment, electrical, chemical & biological, physical & psychological, working at height, excavation work & confined spaces & demolition.
- ✦ Successfully carry out a safety inspection of a construction workplace identifying hazards, recommending control measures and preparing a management report

Examination

This NEBOSH accredited qualification is assessed by a two hour written exam and a workplace based written practical inspection project. The exam is conducted in our training centres at the end of your course, and the project is completed in your own workplace. The project should take no longer than 3 hours to complete and you will have 7 days from the end of the course to return it to us by post.

Certification

On successful passing of the exam you will receive a NEBOSH accredited certificate. Certificates are forwarded by NEBOSH approximately 16 weeks after the completion of the course although results are usually issued within 10 weeks.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

NEBOSH National Certificate in Environmental Management

Aims and Objectives

The NEBOSH National Certificate in Environmental Management covers the practical issues of managing environmental risk. The syllabus takes a risk management approach based on the best practice and international industry standards, including:



- ✦ Environmental Management Systems and Impact Assessments
- ✦ Sources and use of energy and energy efficiency
- ✦ Control of pollution
- ✦ Planning for and dealing with environmental emergencies.

No previous environmental management knowledge is required but candidates should note the assessment includes a written exam and the requirement to write a short report.

Who should attend?

Managers, supervisors and employees based in the UK, who have responsibility for managing environment issues, as part of their day to day duties. The qualification focuses on UK law and environmental management systems. It also provides a sound basis for progression on to the NEBOSH National Diploma in Environmental management.

Course material

Each delegate will be issued with a course workbook and official Environmental Certificate Study Book to assist them both during and after the course – this workbook will contain information, guidance and forms to assist managers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our environmental consultants are qualified and experienced professionals with a background in delivering engaging training. All consultants hold membership of the Institute of Environmental Management and Assessment (IEMA).

Duration

The course will be delivered over one week.

Examination

This NEBOSH accredited qualification is assessed by a written exam (lasting 2 hours) and a workplace based written practical environmental inspection project. The exam is conducted in our training centres at the end of your course, and the project is completed in your own workplace. The project should take no longer than 3 hours to complete and you will have 7 days from the end of the course to return it to us by post.

Certification

On successful completion of the examinations, delegates are awarded the **NEBOSH National Certificate in Environmental Management**. Certificates are issued by NEBOSH approximately 16 weeks after the completion of the course, although results are usually issued within 10 weeks.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

NEBOSH National Diploma in Occupational Health and Safety

Aims and Objectives

The NEBOSH National Diploma in Occupational Health and Safety is the flagship NEBOSH award and is the first UK vocational qualification to be developed specifically for health and safety professionals. Since its introduction in 1988 it has become established as the most popular qualification of its kind, with over 10,000 students having successfully gained the Diploma.



The NEBOSH National Diploma in Occupational Health and Safety provides the core health and safety knowledge (transferable across industry, commerce and the public sector) which, combined with understanding and appropriate application, underpins the competent performance of an Occupational Health and Safety Practitioner.

The qualification is divided into four units, each of which is assessed separately:

- ✦ Unit A: Managing health and safety
- ✦ Unit B: Hazardous agents in the workplace
- ✦ Unit C: Workplace and work equipment safety
- ✦ Unit D: Application of health and safety theory and practice

Units A, B and C are each assessed by a 3 hour exam held on nationally set days in January and July each year. Unit D is assessed by a 12,000 word workplace based project which is submitted to NEBOSH in March or September of each year. You can take your exams together or spread them over a period, but to achieve the full qualification all units must be completed within 5 years of enrolment. We recommend exams are taken together following the course.

Holders of the NEBOSH National Diploma in Occupational Health and Safety may use the designatory letters "DipNEBOSH" after their name.

The qualification meets the academic requirements to apply for Graduate Membership (Grad IOSH) of the Institution of Occupational Safety and Health (IOSH). This is the first step to becoming a Chartered Health and Safety Practitioner as a Chartered Member of IOSH (CMIOSH). It also accepted by the International Institute of Risk and Safety Management (IIRSM) as meeting the academic requirements for full membership (MIIRSM). The National Diploma provides a sound basis for progression to MSc level: A number of UK universities offer MSc programs that accept the National Diploma as a full or partial entry requirement.

Who should attend?

The NEBOSH National Diploma is the qualification for aspiring health and safety professionals, building directly upon the foundation of knowledge provided by the NEBOSH National General Certificate. It is designed to provide students with the expertise required to undertake a career as a safety and health practitioner and also provides a sound basis for progression to postgraduate study.

There are no formal entry requirements for this qualification, however candidates should consider that this is a professional level qualification, approximately equivalent to Level 6 (degree level). Achievement of the NEBOSH National General Certificate or direct equivalent prior to undertaking the Diploma course is highly recommended.

Course material

Each delegate will be issued with a course workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist them. The course is designed to be highly interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Delegates are also issued with 3 official NEBOSH study books, and an exam preparation pack including past exam papers and other examination guidance.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in delivering engaging and effective training. All trainers hold Chartered or Graduate membership of the Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over 35 days in total, delivered in blocks of one week (a total of 7 weeks spread over 4 months).

As well as the 35 tuition days, candidates should be aware there is a significant element of private self study required. NEBOSH estimate this to be 225 hours spread over the duration of the course; however this will vary from candidate to candidate depending on past experience and knowledge.

There is an optional 3 day revision module held at the completion of the course and prior to the exams, which can be booked either at the time of booking or at any time during your course.

Certification

On successful completion of the 3 exams and project you will receive a NEBOSH accredited qualification: the **NEBOSH National Diploma in Occupational Health and Safety**. All exams are marked externally by NEBOSH appointed examiners.

To acknowledge the achievements of successful Diploma candidates NEBOSH holds an annual Graduation & Awards Ceremony. Eligible Diplomats will be invited to book a place at this prestigious event in April or shortly after your results are issued.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

IOSH Working Safely

Aims and Objectives

This course is approved by the Institution of Occupational Safety & Health (IOSH) and trains workers to ensure that their actions contribute to Health & Safety in the workplace and that individual responsibilities are clearly understood. The course will assist workers in complying with the requirements of health and safety and alert them to co-operate with managers in safety activities to improve the organisation's safety performance.



Key modules include:

- ✦ Introduction for health and safety
- ✦ Defining hazard and risk
- ✦ Common hazards and controls
- ✦ Improving safety performance
- ✦ Protecting our environment

Who should attend?

The course is aimed at operative level and is designed to be equally valid across all industry sectors.

Modern training is not about teaching, it's about learning. No more 'death by PowerPoint'. We know that getting people fully involved, having fun, and learning by doing, is the way to achieve health and safety training success.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist workers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in delivering engaging training. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

At the conclusion of the course delegates are required to undertake a multiple choice assessment and complete short risk assessment style activities. Delegates who successfully complete the assessments at the end of the course are awarded an **IOSH Certificate in Working Safely**.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

IOSH Safety for Senior Executives

Aims and Objectives

This course is approved by the Institution of Occupational Safety & Health (IOSH) and is intended for Directors, Executive Officers and Senior Managers who wish to raise awareness of their Health & Safety responsibilities. The course also covers the Institute of Directors and Turnbull Report documentation and procedures, and includes bespoke exercise scenarios.



Key topics include:

- ✦ The moral, legal and financial case for effective health and safety management
- ✦ Loss management
- ✦ The role of directors and senior leaders
- ✦ Corporate Governance
- ✦ The cost of failing to manage Health and Safety
- ✦ Principles of effective health and safety management
- ✦ Strategic implementation of health and Safety

Who should attend?

Directors, Executive Officers and Senior Managers – the course is valid across all industry sectors. This course is intended for larger organisations (for small to medium sized enterprises the IOSH Directing Safely course would be more appropriate).

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist directors and senior leaders. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in risk management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

At the conclusion of the course delegates are required to undertake a short multiple choice assessment and short project. Delegates who successfully complete the assessments at the end of the course are awarded the IOSH Certificate in Safety for Senior Executives.

IOSH Managing Safely

Aims and Objectives

IOSH Managing Safely is a course for managers and supervisors in any sector and any organisation. It's designed to give managers all they need to know to help them effectively manage health and safety in their workplace. The new high impact programme covers key health and safety issues, and also includes a section on environment protection.



This course is approved by the Institution of Occupational Safety & Health (IOSH), Europe's leading body for health and safety.

The course will cover relevant issues such as:-

- ✦ The concept of “managing safely”
- ✦ Identifying hazards
- ✦ Assessing and controlling risks (risk assessment)
- ✦ Understanding your responsibilities (i.e. the legal framework)
- ✦ Investigating accidents and incidents
- ✦ Measuring performance
- ✦ Protecting our environment

Modern training is not about teaching, it's about learning. No more 'death by PowerPoint'. We know that getting people fully involved, having fun, and learning by doing, is the way to achieve health and safety training success. Our new IOSH Managing Safely course gets delegates really thinking about what they're learning – and having the confidence and enthusiasm to put it into practice when they're back at work.

Who should attend?

The course is aimed at managers and supervisors with health and safety responsibilities, but is equally valid for directors, senior officers and health and safety officers in low risk organisations. Past delegates have come from virtually every industry and internationally.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist managers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in risk management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over four days – either in-house for your company, or through our open course programme at one of our training centres nationwide (London, Newbury, Nottingham, Manchester and Bradford).

Certification

At the conclusion of the course delegates are required to undertake a multi-format assessment and a short workplace based practical project. Delegates must complete their project and return it to the tutor within 14 days of the course completion. Delegates who successfully complete the assessments at the end of the course are awarded an **IOSH Certificate in Managing Safely**.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

IOSH Managing Safely Refresher

Aims and Objectives

The Managing Safely Refresher course is designed to provide continued support to managers in dealing with health and safety issues in the workplace. Specifically, the course aims to:



- ✦ Revise key management responsibilities from the full Managing Safely course
- ✦ Update relevant changes in good practice guidance, legislation and standards

This course is approved by the Institution of Occupational Safety & Health (IOSH), Europe's leading body for health and safety.

The course will cover relevant issues such as:-

- ✦ Revisiting managing safely
- ✦ Assessing risks
- ✦ Controlling risks
- ✦ Understanding your responsibilities
- ✦ Investigating accidents and incidents
- ✦ Measuring performance

Modern training is not about teaching, it's about learning. No more 'death by PowerPoint'. We know that getting people fully involved, having fun, and learning by doing, is the way to achieve health and safety training success. Our new IOSH Managing Safely Refresher course gets delegates really thinking about what they're learning – and having the confidence and enthusiasm to put it into practice when they're back at work.

Who should attend?

The course is aimed at managers and supervisors with health and safety responsibilities, but is equally valid for directors, senior officers and health and safety officers in low risk organisations. Past delegates have come from virtually every industry and internationally.

Delegates must have passed the full IOSH Managing Safely course within the last 3 years to be eligible to attend this course.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist managers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in risk management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day – either in-house for your company, or through our open course programme at one of our training centres nationwide (London, Newbury, Nottingham, Manchester and Bradford).

Certification

At the conclusion of the course delegates are required to undertake a multi-format assessment. Delegates who successfully complete the assessment are rewarded with an **IOSH Managing Safely Refresher** certificate of attendance.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

IOSH Directing Safely for Small and Medium Sized Enterprises (SMEs)

Aims and Objectives

This course is approved by the Institution of Occupational Safety & Health (IOSH) and is intended for executive managers and directors in small to medium sized enterprises who wish to raise their awareness of Health & Safety legislation. The course also covers documentation and procedures required, with particular relevance to existing company policies and procedures.



Key topics include:

- The Legal Framework
- Risk Assessment
- Health & Safety Management
- The Causes of Accidents
- Requirements & Potential Penalties
- Financial Implications

Who should attend?

Directors, executive & senior managers – the course is valid across all industry sectors but is focused on small to medium sized enterprises. For larger organisations the IOSH Safety for Senior Executives course would be more appropriate.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist directors. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in risk management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

At the conclusion of the course delegates are required to undertake a multiple choice assessment and short project. Delegates who successfully complete the assessments at the end of the course are awarded an **IOSH Certificate in Directing Safely**.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Site Supervisor Safety Training Scheme (SSSTS)

A CITB Construction Skills Accredited Course

Aims and Objectives

At the end of the course delegates should be able to:

- ✦ Understand the health, safety, welfare and environmental issues relevant to their work activities.
- ✦ Understand their legal responsibilities relevant to their work activities.
- ✦ Safely supervise activities on a construction site.



Key topics include:

- ✦ Health and Safety Law
- ✦ Developing a health and safety systems
- ✦ Risk Assessment and Method Statements
- ✦ Occupational health
- ✦ Fire prevention and control
- ✦ Hazardous substances
- ✦ CDM Regulations
- ✦ Working at height
- ✦ Personal Protective Equipment
- ✦ Manual handling
- ✦ Other site hazards and controls

Who should attend?

This course is for first line managers – those who have, or are about to acquire supervisory responsibilities.

Course material

Each delegate will be issued with the official Construction Skills workbook, “Site Safety Simplified,” the official Construction Skills Tool Box Talk Folder and supporting material to assist them both during and after the course – this material will contain information, guidance and forms to assist site supervisors. The course is designed to be interactive, allowing

delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in construction safety and health. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH), a training qualification and are registered CITB Construction Skills trainers.

Duration

The course will be delivered over two days.

Certification

During the course projects are undertaken in groups and constantly assessed by the tutor. At the conclusion of the course delegates are required to undertake a short multiple choice assessment. Delegates who successfully complete the projects and assessment are awarded the Construction Skills **Site Supervisors Safety Training Scheme Certificate (SSSTS)**.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Site Manager Safety Training Scheme (SMSTS)

A CITB Construction Skills Accredited Course

Aims and Objectives

At the end of the course delegates should be able to:

- ✦ Manage health and safety on site in accordance with the current legal provisions and within the context of their management or supervisory roles
- ✦ Develop an understanding of their responsibilities and accountability for site health, safety and welfare
- ✦ Recognise that a safe site is efficient, economical and productive



Key topics include:

- ✦ Duties under the Construction (Design and Management) Regulations (CDM) 2007
- ✦ Duties under the Health and Safety at Work etc. Act 1974
- ✦ Identification of on site hazards (CoSHH / Work at Height / Demolition / Excavations etc.)
- ✦ Risk assessment and control measures
- ✦ Site safety monitoring and management

Who should attend?

This course is intended for Site Managers, Project Managers and Senior Supervisors as well as proprietors of smaller companies. Client-based personnel would also benefit from attending the course

Course material

Each delegate will be issued with the official Construction Skills workbook, "Construction Site Safety," and supporting material to assist them both during and after the course – this material will contain information, guidance and forms to assist site managers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in construction safety and health. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH), a training qualification and are registered CITB Construction Skills trainers.

Duration

The course will be delivered over five days.

Certification

During the course projects and case studies are undertaken in groups and constantly assessed by the tutor. At the conclusion of the course delegates are required to undertake a short multiple choice assessment. Delegates who successfully complete the projects and assessment are awarded the Construction Skills **Site Management Safety Training Scheme Certificate (SMSTS)**.

The certificate expires every five years. After this period runs out, certificate holders have to sit a two day refresher course to renew their qualification for a further five years.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Site Manager Safety Training Scheme (SMSTS) - Refresher

A CITB Construction Skills Accredited Course

Aims and Objectives

The two-day refresher course is for Delegates who have previously passed the full five-day (SMSTS) course and can provide proof of attendance. It aims to bring health and safety knowledge up to date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. The course includes a wide range of topics many building on the previous five-day course programme as well as introducing new subjects.



The aims and objectives of the course are:

- ✦ to improve awareness of recent developments in construction, legislation and health, safety, welfare and environmental issues;
- ✦ to identify measures that will assist the practical implementation of responsibilities established by new legislation, and new working practices.

At the end of training, delegates will be:

- ✦ aware of, and able to implement all updated health, safety, welfare and environmental legislation which affects them in their role as a manager;
- ✦ aware of and able to implement new guidance and industry of best practice;
- ✦ more aware of their duties and responsibilities.

Who should attend?

Only those delegates who have passed the five-day Site Manager Safety Training Scheme (SMSTS) course and can provide evidence of this are eligible to attend the two-day refresher course. Delegates must have passed the full SMSTS within five years of their refresher course to be eligible.

Course material

Each delegate will be issued with the official CITB Construction Skills workbook and supporting material to assist them both during and after the course – this material will contain information, guidance and forms to assist workers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills and knowledge with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in construction safety and health. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH), a training qualification and are registered CITB Construction Skills trainers.

Duration

The course will be delivered over two days. Delegates must attend both days.

Certification

At the conclusion of the course delegates are required to undertake a short multiple choice assessment. Delegates who successfully complete the assessment are awarded the Construction Skills **SMSTS Refresher Certificate**.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

NVQ Level 3 in Occupational Health and Safety

Aims and Objectives

A National Vocational Qualification (NVQ) is a qualification that recognises the competence of a person in a work situation. Unlike traditional qualifications that rely on teaching and examinations, NVQs use performance on the job as a basis for assessment.



The Level 3 NVQ in Occupational Health and Safety is suitable for those whose role includes the area of general health and safety practice. All such practitioners are involved in the assessment of risks, the identification of hazards and determining strategies for control. There are a number of skills that they would all need and use, such as:

- ✦ raising awareness about health and safety within the organisation
- ✦ using information to promote good practice
- ✦ maintaining and enhancing health and safety systems
- ✦ promoting good relationships to enhance health and safety practice

The Institution of Occupational Safety & Health (IOSH) accepts this qualification for membership at Technician level (TechIOSH) subject to experience. The International Institute of Risk and Safety Management (IIRSM) accept this qualification for Associate Member status (AIIRSM).

This is a highly practical programme, and one of our team of personal advisors/assessors will assist you to build a portfolio of work based evidence which meets the requirements of City and Guilds for their NVQ Level 3 in Occupational Health and Safety.

Our approach is one-to-one, and we structure our programme of assistance to suit your needs as a busy health and safety practitioner (using our unique secure web site, known as an **ePortfolio**, to build you portfolio of work evidence).



As this qualification is work based, and involves the collection of work evidence from your normal day to day activities, candidates must be in a role that allows them to provide this. This will probably be individuals who have already acquired some experience, and candidates must be in a health and safety managerial position, able to influence the policy and practice of their organisation.

There are five mandatory units:

- ✦ HSS1 — Make sure your own actions reduce risks to health and safety
- ✦ HSS2 — Develop procedures to safety control work operations
- ✦ HSS3 — Monitor procedures to safety control work operations
- ✦ HSS4 — Promote a health and safety culture within the workplace
- ✦ HSS6 — Conduct a health and safety assessment of a workplace
- ✦

In addition candidates must choose two optional units from the following:

- ✦ HSS5 — Investigate and evaluate incidents and complaints in the workplace
- ✦ HSS7 — Make sure your own actions within the workplace aim to protect the environment
- ✦ HSS8 — Review health and safety procedures in workplaces
- ✦ HSS9 — Supervise the health, safety and welfare of a learner in the workplace

Our ePortfolio system allows candidates to complete and present their portfolio of evidence online using our tailored City and Guilds approved system. Candidates can study when they want, where they want, with no bulky paper-based portfolios to manage or store. The e-portfolio is based online, accessible via an internet browser. The system is intuitive to use with minimal training required and support as required from our Assessors/Advisors. Candidates can track their own progress at all times, having instant access to course materials and resources. Candidates can easily upload evidence into their e-portfolio and communicate with their Assessor/Advisor effectively and easily.

Who should attend?

This qualification is aimed at employees who wish to achieve formal qualification in occupational safety and health at a level equivalent to the NEBOSH National General Certificate – it could be suitable for those new into a health and safety role, or managers who wish to formalise their knowledge and understanding.

Entry requirements

There are no formal entry requirements for this qualification; however candidates must be in a role that allows them to collect evidence that they meet the standards set-out.

Entry dates are flexible, and you can enrol at any point of the year. Contact with your advisor/assessor will be flexible via e-mail, telephone, video conference or at optional open days scheduled throughout the year at our Nottingham offices. This is principally a distance learning type approach with no need to attend specific dates.

Our staff

Our health and safety consultants are qualified and experienced professionals with a background in vocational training and assessment. All consultants hold Graduate or Chartered Membership of the Institution of Occupational Safety and Health (IOSH).

You will have an allocated personal advisor/assessor who will work with you to collect your portfolio of evidence. They will be your dedicated point of contact, available by telephone, email or video conference. Our team are also available for personal review sessions at our Nottingham office.

Duration

The qualification is highly flexible and can be completed in a time period to suit candidates – normally this will be around six months but depends upon the amount of time each candidate can contribute. As a minimum time period, certification cannot be claimed until at least ten weeks after registration.

Certification

On completion of the NVQ requirements, candidates will be awarded a City and Guilds Level 3 NVQ in Occupational Health and Safety. A separate certificate will detail all individual units completed as part of the overall programme.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

NVQ Diploma Level 5 in Occupational Health and Safety Practice

Aims and Objectives

A National Vocational Qualification (NVQ) is a qualification that recognises the competence of a person in a work situation. Unlike traditional qualifications that rely on teaching and examinations, NVQs use performance on the job as a basis for assessment.



The NVQ Level 5 in Occupational Health and Safety Practice is specific to people who are actively involved in the practice or management of health and safety as part of their job or role. The Institution of Occupational Safety & Health (IOSH) accepts this qualification for membership at Graduate level (GradIOSH) and upon completion of their Initial Professional Development (IPD) programme, candidates can achieve Chartered level membership (CMIOSH). The International Institute of Risk and Safety Management (IIRSM) accept this qualification for full Member status (MIIRSM).

This is a highly practical programme, and one of our team of personal advisors/assessors will assist you to build a portfolio of work based evidence which meets the requirements of City and Guilds for their NVQ Diploma Level 5 in Occupational Health and Safety Practice.



Our approach is one-to-one, and we structure our programme of assistance to suit your needs as a busy health and safety practitioner (using our unique secure web site, known as an **ePortfolio**, to build your portfolio of work evidence).

As this qualification is work based, and involves the collection of work evidence from your normal day to day activities, candidates must be in a role that allows them to provide this. This will probably be individuals who have already acquired some experience, and candidates must be in a health and safety managerial position, able to influence the policy and practice of their organisation.

This qualification has been accredited on the Qualifications and Credit Framework (QCF) at Level 5 and is worth 108 credits. Many Universities will accept this qualification as suitable entry requirements for admission to undergraduate and postgraduate study in health and safety.

There are ten individual units that must be completed to obtain the overall qualification:

- ✦ 611 — Promote a positive health and safety culture
- ✦ 612 — Develop and implement the health and safety policy
- ✦ 613 — Develop and implement effective communication systems for health and safety information
- ✦ 614 — Develop and maintain individual and organisational competence in health and safety matters
- ✦ 615 — Identify and control health and safety risks
- ✦ 616 — Develop and implement proactive monitoring systems for health and safety
- ✦ 617 — Develop and implement reactive monitoring systems for health and safety
- ✦ 618 — Develop and implement health and safety emergency response systems and procedures
- ✦ 619 — Develop and implement health and safety review systems
- ✦ 620 — Maintain knowledge of improvements to influence health and safety practice

Our ePortfolio system allows candidates to complete and present their portfolio of evidence online using our tailored City and Guilds approved system. Candidates can study when they want, where they want, with no bulky paper-based portfolios to manage or store. The e-portfolio is based online, accessible via an internet browser. The system is intuitive to use with minimal training required and support as required from our Assessors/Advisors. Candidates can track their own progress at all times, having instant access to course materials and resources. Candidates can easily upload evidence into their e-portfolio and communicate with their Assessor/Advisor effectively and easily.

Who should attend?

This qualification is aimed at health and safety practitioners who wish to achieve formal qualification in occupational safety and health management, for those wishing to progress a career in health and safety, and for those seeking Chartered Membership of IOSH.

Candidates must have an autonomous role in their organisation for managing health and safety policy and practice. They will report directly to the senior management team and have direct access to the responsible persons. They will be responsible for developing and implementing policies to ensure the organisation is compliant with all current legislation in a workplace with complex risks.

Entry dates are flexible, and you can enrol at any point of the year. Contact with your advisor/assessor will be flexible via e-mail, telephone, video conference or at optional open days scheduled throughout the year at our Nottingham offices. This is principally a distance learning type approach with no need to attend specific dates.

Entry requirements

There are no formal entry requirements for this qualification; however candidates must be in a role that allows them to collect evidence that they meet the standards set-out. It would be advisable for candidates to already hold a health and safety qualification such as the NEBOSH General Certificate or equivalent.

Our staff

Our health and safety consultants are qualified and experienced professionals with a background in vocational training and assessment. All consultants hold Graduate or Chartered Membership of the Institution of Occupational Safety and Health (IOSH).

You will have an allocated personal advisor/assessor who will work with you to collect your portfolio of evidence. They will be your dedicated point of contact, available by telephone, email or video conference. Our team are also available for personal review sessions at our Nottingham office.

Duration

The qualification is highly flexible and can be completed in a time period to suit candidates – normally this will be between six months to one year but depends upon the amount of time each candidate can contribute. The qualification is likely to involve 482 hours of study and preparation (although this figure is notional and exact hours will depend upon experience).

As a minimum time period, certification cannot be claimed until at least ten weeks after registration.

Certification

On completion of the NVQ requirements, candidates will be awarded a **City and Guilds Level 5 NVQ Diploma in Occupational Health and Safety Practice**. A separate certificate will detail all individual units completed as part of the overall programme

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Level 2 Award in Risk Assessment

A British Safety Council Accredited Qualification

Aims and Objectives

The British Safety Council is one of the world's leading advocates of workplace health and safety. Their vision is that no-one should be killed, injured or made ill by their work. As a leading charity they are committed to promoting higher standards of health and safety in the workplace through the provision of relevant qualifications that meet the needs of learners and employers at all levels and across all sectors.



The Management of Health and Safety at Work Regulations 1999 require every employer and self-employed person to make a suitable and sufficient assessment of the health and safety risks to employees and others not in their employment to which their undertakings give rise, in order to put in place appropriate control measures. The BSC Level 2 Award in Risk Assessment aims to provide supervisors and employees with knowledge and understanding of the risk assessment process and the skills required to undertake a suitable and sufficient risk assessment. The specification is based on the Health and Safety Executive's Five Steps to Risk Assessment.

The specification is based on the Health and Safety Executive's guidance to the regulations and has been accredited by the Qualifications Regulators at Level 2 in the Qualifications and Credit Framework.

The course will allow delegates to:-

- ✦ Outline the reasons for conducting risk assessments
- ✦ Outline the main legislation relating to risk assessments
- ✦ Identify the main health and safety hazards in the workplace
- ✦ List control measures that can reduce risks to an acceptable level
- ✦ Describe the stages involved in a risk assessment
- ✦ Outline the circumstances in which a risk assessment should be reviewed

Who should attend?

This course will benefit anyone involved in undertaking or reviewing risk assessments. There are no formal entry requirements for the BSC Level 2 Award in Risk Assessment. However, it is expected that candidates will have a level of literacy and numeracy adequate to cope with the assessment.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our trainers and consultants are qualified and experienced health and safety professionals with a broad experience of industry to complement their training skills. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional trainer's qualification.

Duration

The course will be delivered over one day.

Certification

Candidates will be registered with the British Safety Council. After the course they will receive electronically a risk assessment task, which must be completed in their own workplace.

Candidates submit their completed risk assessment task electronically to the British Safety Council from where it is forwarded to an external examiner for marking. Results and certificates are issued within ten working days

Upon successful completion of the risk assessment task delegates will be awarded a **British Safety Council Level 2 Award in Risk Assessment**.

For more details on this course then please contact us on 0115 984 9940 or email us at sales@atcrisk.co.uk

Level 2 Award in COSHH Risk Assessment

A British Safety Council Accredited Qualification

Aims and Objectives

The British Safety Council is one of the world's leading advocates of workplace health and safety. Their vision is that no-one should be killed, injured or made ill by their work. As a leading charity they are committed to promoting higher standards of health and safety in the workplace through the provision of relevant qualifications that meet the needs of learners and employers at all levels and across all sectors.



The Control of Substances Hazardous to Health Regulations 2002 (as amended) requires employers to control exposure to hazardous substances to prevent ill-health. The BSC Level 2 Award in COSHH Risk Assessment aims to provide supervisors and employees with knowledge and understanding of the COSHH risk assessment process and the skills required to undertake a suitable and sufficient risk assessment.

The specification is based on the Health and Safety Executive's guidance to the regulations and has been accredited by the Qualifications Regulators at Level 2 in the Qualifications and Credit Framework. Assessment is fit for purpose.

The course will allow delegates to:-

- ✦ Outline the reasons for conducting COSHH risk assessments
- ✦ Outline the main legislation relating to COSHH risk assessments
- ✦ Describe different forms of hazardous substance
- ✦ Classify different hazardous substance
- ✦ Describe the ways in which hazardous substances can enter the body and the harm they can cause
- ✦ Describe the factors to consider when assessing the risks from exposure to hazardous substances
- ✦ Describe the hierarchy of controls in relation to the control of hazardous substances
- ✦ Describe the stages of a COSHH risk assessment Outline the circumstances in which a COSHH risk assessment should be reviewed

Who should attend?

This course will benefit anyone involved in undertaking or reviewing COSHH risk assessments. There are no formal entry requirements for the BSC Level 2 Award in COSHH Risk Assessment. However, it is expected that candidates will have a level of literacy and numeracy adequate to cope with the assessment.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our trainers and consultants are qualified and experienced health and safety professionals with a broad experience of industry to complement their training skills. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional trainer's qualification.

Duration

The course will be delivered over one day.

Certification

Candidates will be registered with the British Safety Council. After the course they will receive electronically a COSHH risk assessment task, which must be completed in their own workplace. Candidates submit their completed COSHH risk assessment task electronically to the British Safety Council from where it is forwarded to an external examiner for marking. Results and certificates are issued within ten working days

Upon successful completion of the risk assessment task delegates will be awarded a **British Safety Council Level 2 Award in COSHH Risk Assessment**.

For more details on this course then please contact us on 0115 984 9940 or email us at sales@atcrisk.co.uk

Level 2 Award in DSE Risk Assessment

A British Safety Council Accredited Qualification

Aims and Objectives

The British Safety Council is one of the world's leading advocates of workplace health and safety. Their vision is that no-one should be killed, injured or made ill by their work. As a leading charity they are committed to promoting higher standards of health and safety in the workplace through the provision of relevant qualifications that meet the needs of learners and employers at all levels and across all sectors.



The Health and Safety (Display Screen Equipment) (DSE) Regulations 1992 require employers to assess both the workstation and the working environment of employees who regularly use computer workstations and display screen equipment. The BSC Level 2 Award in DSE Risk Assessment aims to provide supervisors and employees with knowledge and understanding of the DSE risk assessment process and the skills required to undertake a suitable and sufficient risk assessment.

The specification is based on the Health and Safety Executive's guidance to the regulations and has been accredited by the Qualifications Regulators at Level 2 in the Qualifications and Credit Framework. Assessment is fit for purpose.

The course will allow delegates to:-

- ✦ Outline the reasons for conducting DSE risk assessments;
- ✦ Outline the main legislation relating to DSE risk assessments;
- ✦ Identify the principles of good ergonomic workstation design;
- ✦ Outline the main causes of ill-health relating to DSE use;
- ✦ Describe corrections that can be applied to workstation design to control identified risks;
- ✦ Describe the stages involved in a DSE risk assessment;
- ✦ Outline the circumstances in which a DSE risk assessment should be reviewed.

Who should attend?

This course will benefit anyone involved in undertaking or reviewing DSE risk assessments. There are no formal entry requirements for the BSC Level 2 Award in DSE Risk Assessment. However, it is expected that candidates will have a level of literacy and numeracy adequate to cope with the assessment.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our trainers and consultants are qualified and experienced health and safety professionals with a broad experience of industry to complement their training skills. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional trainer's qualification.

Duration

The course will be delivered over one day.

Certification

Candidates will be registered with the British Safety Council. After the course they will receive electronically a DSE risk assessment task, which must be completed in their own workplace. Candidates submit their completed DSE risk assessment task electronically to the British Safety Council from where it is forwarded to an external examiner for marking. Results and certificates are issued within ten working days

Upon successful completion of the risk assessment task delegates will be awarded a **British Safety Council Level 2 Award in DSE Risk Assessment**.

For more details on this course then please contact us on 0115 984 9940 or email us at sales@atcrisk.co.uk

Level 2 Award in Manual Handling Risk Assessment

A British Safety Council Accredited Qualification

Aims and Objectives

The British Safety Council is one of the world's leading advocates of workplace health and safety. Their vision is that no-one should be killed, injured or made ill by their work. As a leading charity they are committed to promoting higher standards of health and safety in the workplace through the provision of relevant qualifications that meet the needs of learners and employers at all levels and across all sectors.



The Manual Handling Operations Regulations 1992 require employers to assess any hazardous manual handling tasks that cannot be avoided and reduce the risk of injury, so far as is reasonably practicable. The BSC Level 2 Award in Manual Handling Risk Assessment aims to provide supervisors and employees with the knowledge and understanding of the manual handling risk assessment process and the skills required to undertake a suitable and sufficient risk assessment.

The specification is based on the Health and Safety Executive's guidance to the regulations and has been accredited by the Qualifications Regulators at Level 2 in the Qualifications and Credit Framework.

The course will allow delegates to:-

- ✦ Outline the reasons for conducting manual handling risk assessments
- ✦ Outline the main legislation relating to manual handling risk assessments
- ✦ Outline the basic principles of anatomy and physiology as they relate to manual handling operations
- ✦ Identify common injuries caused by manual handling operations
- ✦ Identify methods for controlling the risk from manual handling
- ✦ Describe the stages involved in a manual handling risk assessment
- ✦ Outline the circumstances in which a manual handling risk assessment should be reviewed

Who should attend?

This course will benefit anyone involved in undertaking or reviewing manual handling assessments. There are no formal entry requirements for the BSC Level 2 Award in Manual Handling Assessment. However, it is expected that candidates will have a level of literacy and numeracy adequate to cope with the assessment.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our trainers and consultants are qualified and experienced health and safety professionals with a broad experience of industry to complement their training skills. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional trainer's qualification.

Duration

The course will be delivered over one day.

Certification

Candidates will be registered with the British Safety Council. After the course they will receive electronically a manual handling assessment task, which must be completed in their own workplace. Candidates submit their completed manual handling assessment task electronically to the British Safety Council from where it is forwarded to an external examiner for marking. Results and certificates are issued within ten working days

Upon successful completion of the risk assessment task delegates will be awarded a **British Safety Council Level 2 Award in Manual Handling Risk Assessment**.

For more details on this course then please contact us on 0115 984 9940 or email us at sales@atcrisk.co.uk

Level 2 Award in Fire Risk Assessment

A British Safety Council Accredited Qualification

Aims and Objectives

The British Safety Council is one of the world's leading advocates of workplace health and safety. Their vision is that no-one should be killed, injured or made ill by their work. As a leading charity they are committed to promoting higher standards of health and safety in the workplace through the provision of relevant qualifications that meet the needs of learners and employers at all levels and across all sectors.



Under the Regulatory Reform (Fire Safety) Order 2005, the responsibility for fire risk assessment in any workplace lies with the 'responsible person' and they will be held accountable. The BSC Level 2 Award in Fire Risk Assessment aims to provide the 'responsible person' with knowledge and understanding of the fire risk assessment process and the skills required to undertake a suitable and sufficient fire risk assessment.

The specification is based on the Department for Communities and Local Government guidance to the Order and has been accredited by the Qualifications Regulators at Level 2 in the Qualifications and Credit Framework.

The course will allow delegates to:-

- ✦ Outline the reasons for conducting fire risk assessments
- ✦ Outline the main legislation relating to fire risk assessments
- ✦ Identify the main fire hazards in the workplace
- ✦ List fire prevention and protection arrangements
- ✦ Describe the stages of a fire risk assessment
- ✦ Outline the circumstances in which a fire risk assessment should be reviewed

Who should attend?

This course will benefit anyone involved in undertaking or reviewing fire risk assessments. There are no formal entry requirements for the BSC Level 2 Award in Fire Risk Assessment. However, it is expected that candidates will have a level of literacy and numeracy adequate to cope with the assessment.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our trainers and consultants are qualified and experienced health and safety professionals with a broad experience of industry to complement their training skills. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional trainer's qualification.

Duration

The course will be delivered over one day.

Assessment and Certification

Candidates will be registered with the British Safety Council. After the course they will receive electronically a fire risk assessment task, which must be completed in their own workplace. Candidates submit their completed fire risk assessment task electronically to the British Safety Council from where it is forwarded to an external examiner for marking. Results and certificates are issued within ten working days

Upon successful completion of the risk assessment task delegates will be awarded a **British Safety Council Level 2 Award in Fire Risk Assessment**.

For more details on this course then please contact us on 0115 984 9940 or email us at sales@atcrisk.co.uk

Level 2 Award in Supervising Staff Safely

A British Safety Council Accredited Qualification

Aims and Objectives

The British Safety Council is one of the world's leading advocates of workplace health and safety. Their vision is that no-one should be killed, injured or made ill by their work. As a leading charity they are committed to promoting higher standards of health and safety in the workplace through the provision of relevant qualifications that meet the needs of learners and employers at all levels and across all sectors.



In 2010/2011, in UK workplaces, 171 workers were killed and over 26,000 seriously injured. 1.3 million people suffered from an illness they believed was caused or made worse by their current or past work and 28.5 million working days were lost as a result of occupational injury and ill-health. In addition to the tragic loss of life and personal suffering, employers found themselves faced with court fines and costs, increased insurance premiums, compensation claims, reduced productivity, damaged reputation and lower staff morale. The vast majority of occupational injuries and incidents of ill-health can be avoided by good health and safety management. With this in mind, the British Safety Council offers the Level 2 Award in Supervising Staff Safely, a nationally-recognised qualification aimed at those with responsibility for the health and safety of others. The specification is based on the Health and Safety Executive's guidance to the regulations and has been accredited by the Qualifications Regulators at Level 2 in the Qualifications and Credit Framework. Assessment is fit for purpose.

The course will allow delegates to:-

- ✦ Describe the legislation relating to health and safety in the workplace
- ✦ Explain the role and responsibilities of those involved in maintaining a healthy and safe workplace
- ✦ Explain the role and responsibilities of organisations that enforce health and safety legislation
- ✦ List the main penalties for failure to comply with health and safety legislation
- ✦ List risks and hazards that could be present in the workplace

- ✦ Explain how to assess risks to health and safety in the workplace
- ✦ Describe control measures that can be used to manage risk in the workplace
- ✦ Explain when a review of risks would be required
- ✦ Describe the arrangements for provision of a health and safety policy in an organisation
- ✦ Describe the role and duties of the supervisor in a health and safety management system
- ✦ Explain the emergency evacuation procedures for workers and visitors
- ✦ Identify methods of improving the health and safety practices and culture of an organisation
- ✦ Conduct a health and safety inspection of a work area and record the findings
- ✦ Explain the process for reporting and investigating accidents and near misses
- ✦ Review the health, safety and welfare of employees for whom they are responsible

Who should attend?

The qualification is ideal for supervisors, team leaders, department heads and junior managers, providing them with the practical knowledge and understanding necessary to their role in promoting health and safety in the workplace. There are no formal entry requirements for the BSC Level 2 Award in Supervising Staff Safely. However, it is expected that candidates will have a level of literacy and numeracy adequate to cope with the assessment.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our trainers and consultants are qualified and experienced health and safety professionals with a broad experience of industry to complement their training skills. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional trainer's qualification.

Duration

The course will be delivered over two days.

Certification

Candidates will be registered with the British Safety Council. After the course they will receive electronically a risk assessment task, which must be completed in their own workplace.

Candidates submit their completed risk assessment task electronically to the British Safety Council from where it is forwarded to an external examiner for marking. Results and certificates are issued within ten working days

Upon successful completion of the risk assessment task delegates will be awarded a **British Safety Council Level 2 Award in Supervising Staff Safely**.

For more details on this course then please contact us on 0115 984 9940 or email us at sales@atcrisk.co.uk

Bespoke Health & Safety Training

Accident Investigation Training

Aims and Objectives

Accident and Incidents are an unfortunate reality of the workplace – it is imperative that businesses undertake full and proper investigations to determine the true causes and rectify them. This is both a moral and a legal requirement. Our Accident Investigation course is aimed at persons responsible for leading or participating in investigations and aims to equip them with a broad base of skills.

The course will cover relevant issues in relation to accident investigation including:-

- ✦ What should be reported to the enforcing authorities (including RIDDOR)
- ✦ The role of the enforcing authorities in accident investigation
- ✦ Who should be involved and when should it start
- ✦ Collecting and analysing evidence
- ✦ Techniques to carry out basic interviews and compile acceptable witness statements
- ✦ Understanding the concept of causal analysis – “Immediate,” “Underlying” and “Root” Causes

The course will also cover how to reduce the risk of expensive litigation and criminal proceedings and establish the importance of correct methods of investigation. At the conclusion of the course delegates will have a good understanding of the basic accident investigation process. Delegates will be able to take the initiative in finding out what went wrong, why, and how to make sure it does not happen again.

Who should attend?

This course is intended for people with the responsibility for investigating accidents and incidents (near misses). It will also help those who may be involved in the process such as supervisors, managers and directors.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist accident investigators. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in this topic. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

An advanced version is available run over 2 days, which involves a practical accident investigation scenario and a more detailed module on witness statements.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Asbestos Awareness

Aims and Objectives

Asbestos is the single greatest cause of work-related deaths in the UK. Asbestos was extensively used as a building material in the UK from the 1950s through to the mid-1980s. It was used for a variety of purposes and was ideal for fireproofing and insulation. Any building built before 2000 (houses, factories, offices, schools, hospitals etc) can contain asbestos

The course will cover relevant issues in relation to asbestos including:-

- ✦ Introduction to asbestos – nature, origin and use
- ✦ Types of asbestos
- ✦ Health hazards
- ✦ Current legislation and guidance
- ✦ Legal limitations on work liable to disturb asbestos
- ✦ Working safely/duty holders responsibilities
- ✦ Safe working in areas where asbestos is present
- ✦ Emergency procedures/accidental damage/general procedures
- ✦ Safe and correct use of RPE/PPE (personal protective equipment).
- ✦ Decontamination
- ✦ Disposal of asbestos waste

NOTE: this course is aimed as an awareness session for those workers who may come into contact with asbestos as part of their work, or those duty holders requiring a basic overview. It is not intended and is not suitable for those working on asbestos removal.

Who should attend?

This course is intended for people whose work may bring them into contact with asbestos, from shop fitters to electricians, from plumbers to decorators. It is also suitable for duty holders looking to gain a basic overview of their asbestos responsibilities.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to

assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in managing asbestos related risks. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional training qualification.

Duration

The course will be delivered over half a day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course. A short written assessment is undertaken at the end of the course which delegates must successfully complete to be certificated.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Construction, Design and Management (CDM) Awareness Training

Aims and Objectives

This course is designed to give a good understanding of the Construction (Design and Management) Regulations 2007. We introduce delegates to the relevant legal requirements of each role and discuss current HSE recommended best practice.

Key modules include: -

- ✦ An overview of the CDM Regulations 2007
- ✦ Notification trigger and process
- ✦ Key duty holder responsibilities
- ✦ Co-operation and co-ordination
- ✦ Pre-construction information
- ✦ Management of the construction phase
- ✦ Construction Phase Plans
- ✦ Health and Safety Files
- ✦ Any specific issues raised by course delegates

Who should attend?

This course is ideal for anyone who would benefit from a more in-depth knowledge of their role within the CDM Regulations or who works on the peripherals of the construction industry. Potential delegates include clients, architects, other designers, CDM coordinators, principal contractors, contractors or anyone with an interest in furthering their knowledge of the Construction (Design & Management) Regulations 2007.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist construction personnel. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an in-depth background in construction health and safety. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional training certificate.

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Construction, Design and Management (CDM) Refresher Training

Aims and Objectives

This course is designed to give those with existing CDM / CDMC knowledge and responsibility an update on the roles and responsibilities of the principal parties involved in CDM. We introduce delegates to the relevant legal requirements of each role and discuss current HSE recommended best practice.

Key modules include: -

- ✦ The legal context - Construction (Design and Management) Regulations 2007
- ✦ Roles of the Client, Designer, CDMC, Principal Contractor and other contractors
- ✦ Responsibilities of the Client, Designer, CDMC, Principal Contractor and other contractors
- ✦ Project notification and site record keeping
- ✦ Current HSE best practice

Who should attend?

This course is aimed at anyone with responsibility for construction management including CDMC roles, and will also be beneficial for anyone responsible for construction estimation.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist construction personnel. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in construction health and safety. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Conflict Management

Aims and Objectives

The course will be ideal for all public facing workers who may come across conflict in their roles, and will cover:

- ✦ How to recognise conflict and the escalation of violence
- ✦ How to carry out a dynamic risk assessment
- ✦ Avoidance and breakaway techniques
- ✦ What is reasonable force?
- ✦ Dealing with and diffusing conflict

Who should attend?

This course is aimed at employers with direct client interaction or those with responsibility for employees with direct client interaction.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in this topic. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

COSHH Awareness Training

The Control of Substances Hazardous to Health

Aims and Objectives

Delegates will be briefed on the importance for procedures, safe handling and assessment of substances within their organisation. At the conclusion of the course delegates will have a sound understanding of their personal and legal responsibilities for the control of chemical and harmful substances.

The course will cover relevant issues likely to affect persons using chemicals and harmful substances including:-

- ✦ COSHH regulations & principles
- ✦ Undertaking suitable COSHH assessments and identifying controls
- ✦ The need for safe use and storage (including PPE)
- ✦ Preparing and maintaining records (including Material Safety Data Sheets)
- ✦ Undertaking appropriate training
- ✦ Health surveillance

Who should attend?

This course is aimed at people who deal with hazardous substances on a day to day basis.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist workers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in this topic. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over three hours.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

COSHH for Managers and Supervisors

The Control of Substances Hazardous to Health

Aims and Objectives

This course is aimed at supervisors and managers who will deal with chemical and harmful substances (COSHH) as part of their responsibility. The focus of this course will be on management action required to ensure the safe use of COSHH substances.

The course will cover relevant issues likely to affect persons managing the use of chemicals including:-

- ✦ The COSHH regulations and principles
- ✦ The ways in which substances can harm health and how they enter the body
- ✦ How to define and monitor exposure limits
- ✦ Conducting COSHH assessments and implementing controls
- ✦ The importance and structure of Material Safety Data Sheets
- ✦ Practical control measures
- ✦ How to compile and maintain the necessary records

The course will also cover what is hazardous to health and discuss why safety should be managed proactively rather than reactively. Delegates will be briefed on the importance for procedure and implementation of a programme for the control and assessment of substances within their organisation.

A DVD case study will be used to highlight the importance of managing COSHH risks effectively.

Who should attend?

This course is aimed at people with the responsibility for the Health & Safety of their employees and others who may be exposed to hazardous substances.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist supervisors and managers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in this topic. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Display Screen Equipment Assessor Training

Aims and Objectives

Display screen equipment (DSE) risk assessments are not only a legal requirement – if they are completed properly they can help reduce the musculoskeletal disorders, upper limb disorders, reduced concentration levels and other ill health effects that are symptomatic of time spent at poorly designed workstations. These injuries, ill health and performance issues all impact on overall productivity levels within the organisation.

The course is aimed at delegates who are tasked with developing and producing effective DSE assessments to cover the requirements of the Health and Safety (Display Screen Equipment) Regulations 1992. This course will cover how to assess workstations and implement controls to ensure that the workstation and working environment are satisfactory.

The course will cover the following:

- ✦ Legal requirements – including the Health and Safety at Work Act and DSE Regulations
- ✦ Identification of DSE equipment and DSE “Users” and “Operators”
- ✦ Development of workstation assessment forms and processes
- ✦ Undertaking DSE Assessments – including identifying appropriate equipment and workstation set-up
- ✦ Identifying and implementing controls to manage DSE risks
- ✦ Developing guidance for the safe use of DSE equipment
- ✦ Legal requirements for the provision of eyesight tests and glasses

Delegates will explore the principles and recommendations explained in the HSE guidance document L26, *Work with Display Screen Equipment*.

The course will culminate in each delegate undertaking a DSE assessment and providing appropriate recommendations on safe set-up and usage. This could be either in a realistic workplace setting (if available) or a simulated training setting – this will be discussed with the client and course tutor prior to the session.

Who should attend?

The course is targeted at all Display Screen Equipment assessors.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, graphics and forms to assist DSE assessors. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in this topic. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day to include theory and practical sessions.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Environmental Awareness Training

Aims and Objectives

This course allows delegates to understand the basic concepts of environmental management and how it can add value to their employers business. The course is designed to give a general awareness to staff at all levels within an organisation.

Key modules include: -

- ✦ Business and the Environment
- ✦ Waste management
- ✦ Environmental law
- ✦ Pollution
- ✦ Energy and water
- ✦ Transport
- ✦ Environmental management

Who should attend?

This course is aimed at anyone who needs to understand the impact of their actions and the actions of their business on the environment.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist employees. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our environmental consultants are qualified and experienced professionals with a background in delivering engaging training. All consultants hold membership of the Institute of Environmental Management and Assessment (IEMA).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Environmental Management Training

Aims and Objectives

This short programme provides an overview and interpretation of legal responsibilities along with cost-effective strategies and controls for dealing with a range of environmental issues.

Key modules include: -

- ✦ Key environmental issues and effects
- ✦ Civil liability and recent case law
- ✦ Criminal liability – individual and corporate
- ✦ Benefits of effective environmental management and links with sustainable development and corporate responsibility
- ✦ Corporate governance
- ✦ Strategies for managing environmental risks including an overview of BS EN ISO14001 - Environmental Management Systems and EMAS
- ✦ Environmental monitoring and reporting

Who should attend?

This course will be ideal for managers, directors and senior executives within all business sectors.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist managers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our environmental consultants are qualified and experienced professionals with a background in delivering engaging training. All consultants hold membership of the Institute of Environmental Management and Assessment (IEMA).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Fire Risk Assessment & Fire Risk Management

Aims and Objectives

This two-day fire safety training course has been designed to help you comply with the Regulatory Reform (Fire Safety) Order 2005 which states that it is now compulsory for organisations to conduct a fire risk assessment.

Key modules include: -

- ✦ Background to fire safety legislation
- ✦ The principles of fire risk assessment (using the DCLG 5 step approach)
- ✦ Typical sources of ignition
- ✦ The spread and nature of fire
- ✦ Fire risk preventative and protective measures
- ✦ Documenting findings
- ✦ Practical fire risk assessment exercise

Who should attend?

The target audience for this course is facilities managers, health and safety professionals and fire officers responsible for the practical implementation of the Fire Safety Order within their organisation.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information and guidance. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in fire safety and risk management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over two full days.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course. A short multi choice questionnaire will be undertaken to confirm delegates' knowledge and understanding.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Fire Safety Training

Aims and Objectives

This fire training course has been designed to give all personnel the necessary information, skills and training for them to be competent in basic fire safety. The contents of the course includes: -

- ✦ Fire Safety law (in brief)
- ✦ The risks from fire and fire prevention
- ✦ Fire chemistry and behaviour
- ✦ Emergency action in event of fire
- ✦ Fire extinguisher awareness

Who should attend?

The course is aimed at all employees who need a basic awareness of fire safety issues. This course does not offer a practical fire extinguisher exercise, but this can be added for additional cost depending upon facilities available.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information and guidance. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in fire safety and risk management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over three hours. It would be possible to deliver two sessions in one day to accommodate larger groups of employees.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Fire Warden / Marshal

Aims and Objectives

This course is designed to give those with Fire Warden / Marshal responsibility a sound footing in the process and procedures required. We introduce delegates to the risk from fire, the relevant legal framework and current HSE recommended best practice as well as in-house company procedures.

Key modules include: -

- ✦ The legal requirements – Regulatory Reform (Fire Safety) Order
- ✦ Fire chemistry and behaviour
- ✦ Area evacuation procedures
- ✦ Dealing with “vulnerable persons” – the use of Personal Emergency Evacuation Plans
- ✦ Reporting procedure
- ✦ Current HSE / IFE best practice

Who should attend?

This course is aimed at anyone with responsibility for Fire Warden / Marshal, and will also be beneficial for others who may be nominated as deputies / alternates.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information and guidance. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in fire safety and risk management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over either a half day or one day depending upon the level of knowledge and skills required.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Health and Safety Awareness Training

Aims and Objectives

The course is designed to raise awareness of health and safety within the workplace; as well as highlight the importance of the role that every employee has in ensuring a safe and healthy workplace. The course covers the latest key issues and priorities in Health and Safety including:-

- ✦ Health and safety legislation
- ✦ Preventing accidents and incidents
- ✦ Identifying hazards and risks (risk assessment)
- ✦ The role of the employee in health and safety

In addition we will explore common workplace hazards and controls including Fire Safety, Manual Handling, Work Equipment, Display Screen Equipment, Violence and Aggression, Working at Heights, Harmful Substances (COSHH), and Electricity.

Who should attend?

This course is aimed at all employees within an organisation who wish to know more about Health & Safety and how it fits into their role.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist workers in complying with their responsibilities. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in delivering engaging health and safety training. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

An in-depth one day session that can be tailored to suit your needs

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Health and Safety for Managers

Aims and Objectives

Our two day course is for managers and supervisors in any sector and any organisation. It's designed to give managers the skills and knowledge they need to help them effectively manage health and safety in their workplace.

The course will cover relevant issues such as:-

- ✦ Why we manage safely
- ✦ Understanding relevant responsibilities (the health and safety legal framework)
- ✦ Health and Safety Management Systems (including HSG65)
- ✦ Identifying hazards
- ✦ Assessing and controlling risks (risk assessment using the Health and Safety Executive's *Five steps to risk assessment* approach)
- ✦ Monitoring, reviewing and auditing health and safety
- ✦ Investigating accidents and incidents

Who should attend?

The course is aimed at managers and supervisors with health and safety responsibilities, but is equally valid for directors, senior officers and health and safety officers in low risk organisations.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist supervisors and managers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in health and safety management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over two days

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Managing Work Equipment

Aims and Objectives

The Provision and Use of Work Equipment Regulations (PUWER) sets out the employer's duty in managing work equipment safely and effectively – it also states that all work equipment must meet certain safety requirements, and be used safely following safe systems of work established by the employer. There are also specific requirements for certain machinery e.g. woodworking machinery, power presses etc.

This training course will help delegates to understand the requirements of the PUWER Regulations, and enable employers to meet their legal and practical obligations.

The course will allow delegates to understand the:-

- ✦ Scope, suitability and use of work equipment
- ✦ Maintenance and inspection requirements
- ✦ Operation and emergency controls
- ✦ Hand held tool hazards and controls
- ✦ Machinery hazards and controls
- ✦ Conformity and Community requirements
- ✦ Control measures for electrical systems and equipment
- ✦ Information, instruction, training and supervision requirements

As part of the course, delegates will be completing exercises and participating in group work. In addition delegates will be introduced to the Approved Code of Practice for the PUWER Regulations.

Who should attend?

This course is designed to introduce delegates to the requirements for managing work equipment. It is suitable for people with responsibility for managing and risk assessing the use of equipment - including managers, supervisors and safety representatives.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our trainers and consultants are qualified and experienced health and safety professionals with a broad experience of industry to complement their training skills. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional trainer's qualification.

Duration

The course will be delivered over half a day (3 hours).

Certification

Upon successful completion of the course delegates will be awarded a **Certificate in Managing Work Equipment** from ATC Risk Management.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Manual Handling Training

Aims and Objectives

This course will give participants a basic understanding of the factors necessary to ensure their own safety and that of their colleagues. The course is based upon the principles of safe moving and handling of loads known as the 'kinetic' approach to Manual Handling.

At the conclusion of the course delegates have an understanding of safe handling principles and possess the skills to avoid the dangers of careless and unskilled Manual Handling.

Who should attend?

This course is aimed at anyone who undertakes manual handling operations. As this course is very interactive it is advised that delegates are reasonably fit and able to take part in the majority of practical handling activities and wear clothes best to suit the occasion.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist workers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in this topic. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over three hours.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course. Certificates will be issued to participants who satisfactorily demonstrate that they are able to follow the principles taught on the course through practical exercises.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Manual Handling Risk Assessment Training

Aims and Objectives

This course will give participants a basic understanding of the factors necessary to complete manual handling risk assessments and ensure their own safety and that of their colleagues and staff they supervise. The course is based upon the principles of safe moving and handling of loads known as the 'kinetic' approach to Manual Handling, and includes the following:

- ✦ Legislation – the Health and Safety at Work Act and Manual Handling Operations Regulations
- ✦ How to risk assess manual handling
- ✦ Avoiding unnecessary lifting and implementing safety controls and procedures to avoid injury
- ✦ Practical demonstration and exercises of safe lifting techniques

Delegates will undertake a number of practical Manual Handling Risk Assessments throughout the session.

Who should attend?

The course is aimed at those responsible for manual handling risk assessments.

As this course is very interactive it is advised that delegates are reasonably fit and able to take part in the majority of practical handling activities and wear clothes best to suit the occasions..

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist manual handling risk assessors. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in manual handling risk management. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Office Safety Training for Supervisors

Aims and Objectives

This course is intended for managers and supervisors in office environments who need to know and understand their responsibilities for the Health and Safety of their employees and others who may be affected by the work activities.

It is recognised that the office environment poses specific risks to workers with a particular risk being long term related ill health issues – often those that are difficult to identify and manage. The course will cover relevant issues likely to affect office workers such as:-

- ✦ Health and Safety legislation
- ✦ Risk assessment
- ✦ Accident prevention and investigation
- ✦ Common office hazards and controls including: manual handling, display screen equipment, fire safety, chemicals, work equipment, welfare facilities, slips and trips, etc.

Who should attend?

This course is intended for managers and supervisors in office based environments.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist supervisors and managers. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in this topic. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Permit to Work Training

Aims and Objectives

A permit to work system ensures that formal validation and authority is given when hazardous work is to be undertaken. It ensures that all components of a safe system of work are established before high risk work commences, thereby controlling and reducing risk to individuals and the organisation. The permit to work is also a means of communication and control between site managers, supervisors, contractors and those carrying out the hazardous work.

By the end of this course delegates will have a detailed awareness and understanding of the following:

- ✦ The necessity for permits to work, including high risk activities
- ✦ The function and role of a permit to work within the overall risk control framework
- ✦ The typical contents of a permit to work
- ✦ The procedure for issuing a permit to work
- ✦ The cessation and termination of a permit
- ✦ The responsibilities of the issuer and receiver of the permit
- ✦ Potential difficulties and solutions with the permit to work system

In addition, delegates will explore a number of case studies highlighting the importance of ensuring the permit to work systems are operating effectively, for example the Piper Alpha Case Study.

This training course can be tailored to include details of your company specific permit to work system – our consultants will require details of your system and sample forms for inclusion prior to the course.

Who should attend?

The course is aimed at the following audiences:

- ✦ Those responsible for implementing permit to work systems;
- ✦ New employees selected by the organisation for issuing and signing off permits to work;
- ✦ Existing personnel in the organisation who issue and sign off permits that require

formal training.

Course material

Each delegate will be issued with a course workbook to assist them both during and after the course – this workbook will contain information, technical knowledge, graphics and forms to assist those working with permit to work Systems.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in managing high risk activities through permit to work systems. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Risk Assessment Training

Aims and Objectives

This course is designed to give those with risk assessment responsibility a sound footing in the process of risk assessment. We introduce delegates to the relevant legal framework and current HSE recommended best practice.

Key modules include: -

- ✦ The business case for health and safety including the legal context (with specific reference to the Health and Safety at Work Act and Management of Health and Safety at Work Regulations)
- ✦ Risk identification and evaluation
- ✦ Control and management of risk (risk control hierarchy and reasonably practicable)
- ✦ Record keeping and communication
- ✦ The risk assessment process – including the HSE *“Five Steps to Risk Assessment”* and the principles of producing a suitable & sufficient assessment

As part of the course, delegates will be completing sample risk assessments and participating in group work. In addition delegates will be introduced to the Approved Code of Practice for the Management of Health and Safety at Work Regulations.

Who should attend?

This course is aimed at anyone with specific responsibility for Risk Assessments, and will also be beneficial for anyone involved in the risk assessment or risk management process. Typical delegates include supervisors, managers, directors and safety representatives.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information and forms to assist risk assessors. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with an appropriate background in this topic. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH).

Duration

The course will be delivered over one day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Sharps Awareness Training

Aims and Objectives

This awareness course is designed to provide an insight to some of the issues associated with the incorrect handling of such implements, health risks to ensure the safe disposal and handling of these implements or is an ideal course to top-up existing knowledge and tool box training. It is also an ideal course for managers to understand the issues being faced by their staff and offers ideas and solutions to help deal with these issues.

The course covers legislation, illnesses and diseases contractible, prevention of injury as well as problem solving discussions with the course candidates. Also, we will look at the equipment available and its use.

Who should attend?

The course is aimed at operatives who work with sharps and supervisors and managers who control such activities.

Duration

The course will be delivered over three hours.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Working at Height Awareness

Aims and Objectives

Work at Height can expose workers to particularly severe risks to their health & safety and continues to be a major cause of death and serious injury. Employers have a duty to protect anyone who might be exposed to these risks by ensuring that any form of work at height is planned, supervised and carried out safely.

On completion of our course, delegates will have the ability to assess the risks and requirements needed for safely working at height.

The course will cover relevant issues in relation to work at height including:-

- ✦ Work at height legislation and guidance
- ✦ Work at height risk assessments
- ✦ Hierarchy of controls
- ✦ Work at height equipment
- ✦ Safe use of ladders and step ladders
- ✦ Work at height rescue (overview)
- ✦ Inspecting and wearing PPE

Who should attend?

This basic working at height safety training course is specifically designed for anyone whose job requires them to work at height, and which involves them using the necessary height safety equipment to do this work safely.

This course can also benefit the supervisor responsible for those working at height and looking for a basic understanding to better appreciate the activity to control the process safely.

Course material

Each delegate will be issued with a workbook to assist them both during and after the course – this workbook will contain information, guidance and forms to assist delegates. The course is designed to be interactive, allowing delegates the opportunity to develop their skills with the support of the course tutor.

Course tutor

Our health and safety consultants are qualified and experienced professionals with a background in managing work at height risks. All consultants hold professional membership of the chartered Institution of Occupational Safety and Health (IOSH) and a professional training qualification.

Duration

The course will be delivered over half a day.

Certification

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Health and Safety Train the Trainer

Aims and Objectives

This course is aimed at employees within an organisation who have been tasked with training other colleagues in health and safety (which could include delivering health and safety inductions) – it covers a general overview of health and safety requirements that should be imparted into the workforce.

The course covers the latest key issues and priorities in health and safety including:-

- ✦ The business case for health and safety including health and safety law
- ✦ The risk assessment process and its importance in health and safety
- ✦ Common hazards and controls including fire, COSHH (chemicals and harmful substances), working at heights, display screen equipment, manual handling, slips and trips and work equipment.
- ✦ The importance of behaviour in health and safety – achieving the *safe place & safe person* approach

In addition we will explore modern trainer training techniques:

- ✦ Planning and preparing to train, including the writing of trainers plans
- ✦ Delivering effective training
- ✦ Different Learning Styles using the *Honey and Mumford* approach
- ✦ Dealing with difficult delegates
- ✦ Providing feedback and assessment

Our tutors will work with delegates to ensure their courses are relevant, business focused and interesting to their own delegates.

Who should attend?

This course has been targeted for those new to health and safety trainer training and is also be ideal for those wishing to update their skills. The course will provide a broad and comprehensive overview of best practice in health and safety training techniques.

Duration

The course will be delivered over two days.

Course material

Each delegate will be issued with a course workbook to assist them both during and after the course – this workbook will contain information, technical knowledge, graphics and forms to assist health and safety trainers. In addition each delegate will be presented with a trainer's pack containing a Power Point presentation and training material (activities, exercises, etc) for use in their own sessions.

Certification

At the conclusion of day two, delegates will be required to design and deliver a micro training session on health and safety. This will enable them to practice their new skills and knowledge with expert feedback from our trainer before returning to the workplace.

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Risk Assessment Train the Trainer

Aims and Objectives

This course is aimed at employees within an organisation who have been tasked with training other colleagues in risk assessment – it covers a general overview of health and safety requirements with a particular emphasis on the importance of risk assessment.

The course covers the latest key issues and priorities in health and safety including:-

- ✦ The business case for health and safety including health and safety law, with a specific and detailed examination of the requirements in the Health and Safety at Work Act and Management of Health and Safety at Work Regulations
- ✦ The concept of “*reasonably foreseeable*” and “*reasonably practicable*”
- ✦ Health and safety management systems including the Health and Safety Executive’s HSG65 version
- ✦ The risk assessment process and its importance in health and safety with a focus on the Health and Safety Executive’s approach outlined in *Five steps to risk assessment*
- ✦ Identifying and developing risk controls using risk control hierarchies

In addition we will explore modern trainer training techniques:

- ✦ Planning and preparing to train, including the writing of trainers plans
- ✦ Delivering effective training
- ✦ Different Learning Styles using the *Honey and Mumford* approach
- ✦ Dealing with difficult delegates
- ✦ Providing feedback and assessment

Who should attend?

This course has been targeted for those new to Risk Assessment Trainer Training and could also be ideal for those wishing to update their skills. The course will provide a broad and comprehensive overview of best practice in risk assessment training techniques.

Duration

The course will be delivered over two days.

Course material

Each delegate will be issued with a course workbook to assist them both during and after the course – this workbook will contain information, technical knowledge, graphics and forms to assist risk assessment trainers. In addition each delegate will be presented with a trainer's pack containing a Power Point presentation and training material (activities, exercises, etc) for use in their own sessions.

Certification

At the conclusion of day two, delegates will be required to design and deliver a micro training session on risk assessment. This will enable them to practice their new skills and knowledge with expert feedback from our trainer before returning to the workplace.

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Manual Handling Train the Trainer

Aims and Objectives

The Manual Handling Train the Trainer course is intended for those new to training manual handling, or those wishing to update their skills. The course will provide a broad and comprehensive overview of best practice in manual handling training techniques.

The course is aimed at employees within an organisation who have been tasked with training other colleagues in safe manual handling principles and covers safe manual handling techniques, manual handling risk assessment and training techniques.

The course covers the latest key issues and priorities in manual handling including:-

- ✦ How to identify and control risks from manual handling
- ✦ Health and safety legislation - with a focus on the Manual Handling Operations Regulations
- ✦ Manual handling risk assessment
- ✦ Manual handling related injuries including musculoskeletal disorders and work related upper limb disorders
- ✦ Safe manual handling techniques - using the kinetic approach

Delegates will be guided through the Health and Safety Executive's guidance on manual handling as contained in L23 - Guidance on the Manual Handling Operations Regulations.

In addition we will explore modern trainer training techniques:

- ✦ Planning and preparing to train, including the writing of trainers plans
- ✦ Delivering effective training
- ✦ Different learning styles using the Honey and Mumford approach
- ✦ Dealing with difficult delegates
- ✦ Providing feedback and assessment

Who should attend?

This course has been targeted for those new to manual handling instruction and could also be ideal for those wishing to update their skills. The course will

provide a broad and comprehensive overview of best practice in manual handling training techniques.

Duration

The course will be delivered over two days.

Course material

Each delegate will be issued with a course workbook to assist them both during and after the course – this workbook will contain information, technical knowledge, graphics and forms to assist manual handling trainers. In addition each delegate will be presented with a trainer's pack containing a Power Point presentation and training material (activities, exercises, etc) for use in their own sessions.

Certification

At the conclusion of day two, delegates will be required to design and deliver a micro training session on manual handling. This will enable them to practice their new skills and knowledge with expert feedback from our trainer before returning to the workplace.

Delegates will be awarded a Certificate of Attendance upon successful completion of the course.

For more details on this course then please contact us on 0115 9849940 or email us at sales@atcrisk.co.uk

Online Health and Safety Courses

Whilst many accredited health and safety qualifications like NEBOSH courses are too comprehensive to be offered as online courses or distance learning options without the support of a course tutor ([click here to read why!](#)), those who require a general overview of a certain topic may find a short online health and safety course ideal to provide the information they require.



We currently offer the following online courses on topics such as fire safety, food safety and manual handling to name but a few. Substantial discounts are available for those purchasing more than one license, details of which can be seen on each individual course's page.

Fire Training

As with other aspects of health and safety, prevention is preferable to dealing with the aftermath. Fires and the subsequent damage that can be done not only to the health of individuals, but also to the environment and to buildings and property mean that the prevention of fires is one of the most prominent issues with regards to health and safety.

[Basic Fire Safety Awareness](#)

[Basic Fire Safety Awareness for Care Homes](#)

[Fire Extinguisher](#)

[Fire Marshal](#)

[Fire Marshal for Care Homes](#)

Food Safety

Food has the potential to pose a hazard to health if not stored and prepared correctly, which makes food safety an extremely important topic when it comes to health and safety training for workers in certain industries.

Our Level 1 and Level 2 online food safety courses are designed and aimed specifically for those in the catering, retail and manufacturing sectors, with individual courses covering each sector rather than a generic food safety course which attempts to provide a one-size-fits-all approach, making the training much more relevant. Our online food safety courses all cover

issues such as premises hygiene, personal hygiene, risk control, pest control and waste management.

[Level 1 Food Safety - Catering](#)

[Level 1 Food Safety - Retail](#)

[Level 1 Food Safety - Manufacturing](#)

[Level 2 Food Safety - Catering](#)

[Level 2 Food Safety - Retail](#)

[Level 2 Food Safety - Manufacturing](#)

Manual Handling

Our manual handling e-learning course will cover issues such as describing what manual handling is, manual handling regulations, practical manual handling solutions and the use of mechanical aids.

[Manual Handling Online Course](#)

Asbestos Awareness

Due to the high risk nature of asbestos, it is vital that workers in industries such as the construction industry are all aware of the dangers to health and safety that asbestos poses, including how to recognise it and what to do if it is encountered.

[Asbestos Awareness](#)

[Asbestos Awareness for Architects and Designers](#)

Legionella

This online health and safety training course explains the background to Legionella and Legionnaires' Disease, the potential risks associated with water systems and how these can be prevented or controlled.

[Basic Legionella Management](#)